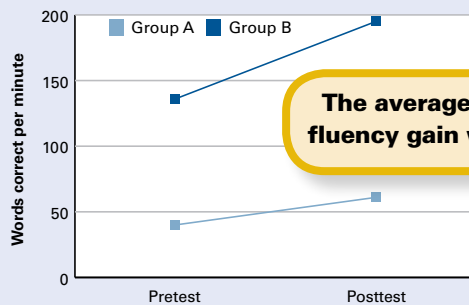


THE SIX-MINUTE SOLUTION: A READING FLUENCY PROGRAM

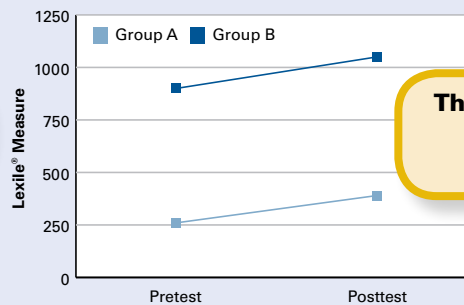
Sustained Reading Growth

How much of a difference can six minutes a day make? At Meadowbrook Middle School in Poway, California, 52 students—all reading at least two years below grade level—attended a 24-day summer reading intervention program in 1999*. *The Six-Minute Solution* model was a critical component in the program. The teacher-student ratio was 1-to-26 for two homogenous classes (Groups A and B) divided by instructional level, with students attending class for two hours a day, Monday through Friday.

Reading Fluency Gains



Reading Comprehension Gains



Group A = Students scoring low on initial assessment
Group B = Students scoring high on initial assessment

*Adams, G., Brown, S., & Van Zant, S., (1999). Summer reading intervention program prepares fifth grade students for middle school reading challenges. *Educational Research Service Successful School Practices*, 22(1), 6-8. Arlington, VA: Educational Research Service.

Adams, G., Brown, S., & Van Zant, S. (2000). Working with words: A summer reading intervention program. *Principal*, 80(1), 59-60. Alexandria, VA: National Association of Elementary School Principals (NAESP).



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